

Vitiligo Treated Homoeopathically - A Case Report

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ABSTRACT

Vitiligo is an acquired cutaneous disorder of pigmentation, with an incidence of 0.5% to 2% worldwide. There are three major hypotheses for the pathogenesis of vitiligo that are not exclusive of each other: biochemical/cytotoxic, neural and autoimmune. Recent data provide strong evidence supporting an autoimmune pathogenesis of vitiligo. As vitiligo can have a major effect on quality of life, treatment can be considered and should preferably begin early when then disease is active. Current treatment modalities are directed towards stopping progression of the disease and achieving repigmentation. Therapies include corticosteroids, topical immunomodulators, photo(chemo)therapy, surgery, combination therapies and depigmentation of normally pigmented skin. It seems that traditional Chinese medicine could be more effective than the current treatment for vitiligo.

KEYWORDS: *Vitiligo, Medorhinum, Homoeopathy*

INTRODUCTION

Vitiligo is an acquired pigmentary skin disorder by the absence of pigmentary cells from the epidermis that results in white macules and patches on the body. The condition is usually associated with few autoimmune disorders, with thyroid abnormalities are the commonest one. The etiology of vitiligo is unknown but there are different theories to explain its pathogenesis. Vitiligo presents clinically with signs and symptoms of white spots on the body distributed symmetrically and more obvious in people with dark skin. The lesions are characterized by well-demarcated pearly white or depigmented macules and patches, oval, round, or linear-shaped, and the borders are convex, range from the size of few millimeters to centimeters and enlarge centrifugally. There are different clinical variants of vitiligo which are Trichrome, Marginal inflammatory, and Quadrichrome vitiligo. Koebner phenomenon (Development of vitiligo at specific trauma prone sites, like cut, burn, or abrasion) is also a common clinical manifestation. Initial lesions occur most frequently on the hands, forearms, feet, and face, favoring a periocular or perioral distribution.

On the basis of the distribution, pattern Vitiligo is classified into three types, generalized, segmental, and localized. The severity of the disease is scored by the body surface area affected. The course of the disease is often unpredictable and varies in response to the treatment. Depigmentation often the cause of psychological distress, social stigmatization, and low self-esteem.

HOMEOPATHIC VIEW

Homoeopathy therefore requires a case-taking which includes the totality of symptoms – the patient's temperament mental state, general reaction to heat, cold storm, food and so on, any striking or peculiar symptoms, as well as his or her pathology.

In Aphorism 201 Hahnemann states – ‘The local affection however is never anything else than a part of the general disease, but a part of it increased all in one direction by the organic vital force and transferred to a less dangerous (external) part of the body, in order to alloy the internal ailment.’

A CASE REPORT :

A MALE PATIENT 12yrs with hypo pigmentation of the skin under the arm around the chest for the last 2

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yrs and it has gone bigger surface by time following other allopathy treatment but was not cured. There was no eruption around. Systemic examination was normal. Local examination shows no itching, no irritation. No lymphadenopathy.

HISTORY OF THE PRESENT ILLNESS: IT was started about 2 years with a small spot on back. she used allopathic ointments and treatment for 1 yr without any significant relief. When it was not responded to medicine she came to visit here in OPD of RKDF Homeopathy medical college and hospital.

PAST HISTORY: Birth rashes at 1 month age took conservative treatment, tonsillitis and fever 3 years ago took allopathic treatment.

FAMILY HISTORY: His father had multiple warts over face and back, and grand mother has neurofibroma, his mother had PCOS earlier.

PHYSICAL GENERAL: Thermal reaction – Hot patient, he cnt tolerate hot, appetite for eating often of

MIASMATIC ANALYSIS OF THE CASE: As per the details. (Table 1), the case might be treated predominately sycosis along with psoric and syphilitic manifestations.

Symptoms	Miasmatic Analysis
1. Desire for cold food	Syphilitic
2. Perspiration -Profuse	Psoric
3. Perspiration – fishy odour	Sycosis
4. Stool after breakfast	Sycosis
5. Sleeps lying on abdomen	Sycosis
6. Thermal reaction hot	Sycosis

REPERTORIZATION: After considering above presented totality repertorization was done with the help of the repertory of homoeopathic materia medica by J.T kent.

Sn	Chapter	Rubric	Sub Rubric	Page Number
1	Stomach	Desire	Cold Drink	484
2	Perspiration	Odour	offensive	1298
3.	Perspiration	Profuse	-	1299
4.	Skin	Discoloration	White spots	1307
5.	Sleep	Position	On abdomen	1246
6.	Generalities	Warm	Warm aggravation	1412

FOLLOW UP SCHEDULE :

Follow up are presented in a tabular format along with the photographs in the following table :

Visit	Present Condition	Photograph	Prescription
1 st visit Dated 11/3/2022	Hypo pigmentation of the skin, whitish in color on left side of the chest.		1.Medorrhinum 200, 1 dose OD x 1 day. 2.Placebo 1 drachm 4 globules for 2 next week.
2 nd visit Dated 15/ 5/ 2022	A slight change on the outer surfaces of the hypopigmented area		1.Medprrhinum 200, 1 dose OD x 1 day 2. Placebo 1 drachm 4 globules for 2 next week.
3 rd visit Dated 23/8/ 2022	The hypopigmented area is less now, with recovery of the normal skin tone		1.Nihilinum 200, 1 dose OD x 1 dose. 2. Placebo 1 drachm 4 globules for next 2 weeks
4 th visit Dated 10/10/2022	No hypopigmentation. Recovery of the skin tone.		1.Placebo 1 drachm 4 globules twice daily for 1 month.

DISCUSSION AND CONCLUSION.

Many homoeopathic medicines in different literature of homoeopathic materia medica explained the treatment of skin pigmentation whether its hypo or hyper. Among them one of the Medorrhinum is a great medicine proved by DR. Samuel Hahnemann.

Homoeopathic medicine selected according to totality of symptoms showed promising treatment effect in vitiligo (hypo pigmentation o skin). This case also

shows the significance of individualization in homoeopathy. Although study of a single case does not constitute a strong opinion, but out come is encouraging.

DECLARATION OF PATIENT.

In the form the patient and his guardian has given his images and other clinical information to be reported in the bulletin.

